

PERSONAL, SOCIAL, HEALTH & ECONOMIC EDUCATION

Course Outline

Personal, Social, Health & Economic Education (PSHEE) encourages students to learn more about themselves as growing and changing individuals. Through PSHEE lessons students will learn the knowledge, skills and understanding necessary for making informed decisions about all aspects of their lives, as they change from children into young adults.

Students will also learn to respect the views, needs and rights of others, including people of different genders, ages and cultures to themselves. In each year a comprehensive Sex and Relationship unit of work is completed.

Citizenship features strongly in PSHEE lessons, students cover issues such as Rights and Responsibilities and how they can contribute positively as active, caring citizens in school and the communities they live in.

The course also embeds the concepts of SEAL, aiming to support and develop our students' social and emotional development.

Key Stage 3

Students in years 7 and 8 will receive one lesson a fortnight which is further complimented by two tutor sessions per week. Year 9 will receive one lesson per week.

Careers, drugs and Sex and Relationships Education are taught in every year.

In Year 7 students discuss the differences between Primary and Secondary School, learning about change and personal responsibility. Other topics studied include first impressions and considering others, Communication and Healthy Living choices.

In Years 8 and 9 students cover topics such as Teenage Personal Safety, Assessing Risk, First Aid, Against Bullying, Option choices at 14+ and Emotional Health and Wellbeing.

Key Stage 4

1 hour lesson per week - Year 10

1 hour lesson every two weeks - Year 11

In Years 10 and 11 the emphasis in lessons is to gain knowledge and understanding of careers and options at 16+. Students in Year 10 prepare for Work Experience in PSHEE lessons before completing a week in their chosen placements. Drugs and Sex and Relationships education includes visiting speakers such as the School Nurse and Police Liaison Officer. Other topics studied include study skills and preparation for exams and citizenship.

Beyond the Classroom

To enhance the curriculum students take part in various enterprise challenges. These develop their financial literacy and entrepreneurial skills.

There is also a First Aid club which students can join to develop their skills. Those students who enjoy supporting others can choose to join the peer education scheme and become trained councillors.

Parental Support

We encourage students to raise and discuss personal issues at home. Talking and listening openly and honestly with young people about their worries, concerns and hopes for the future can help develop mutual trust and respect between parents and their children, as well as relieve the stress and pressures on young people as they complete their Secondary Education and enter adulthood.